

SPEEDOMEETING 2026: Session: 1: COACH evaluation sheet for TEAM: HZS

Coachinfo: Warming up from: 17:00 untill 17:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Konings Antoinette HEADCOACH

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 50M FREESTYLE MEN 11+		Heat:10, starttime: 18:10
Heat: 10/16	Lane : 0	Athlete: VANOPPEN MATHIAS
PB (50m pool): 00:28.05 Zwembad Brigitte Becue 30/05/2025		PB (25m pool): 00:27.12 SB: no time
	5 0 M	
PB	00:28.05	
	00:28.05	
		

Coach feedback:

Event number: 1: 50M FREESTYLE MEN 11+		Heat:10, starttime: 18:10
Heat: 10/16	Lane : 9	Athlete: HAUBEN THOMAS
PB (50m pool): 00:28.13 Zwembad Brigitte Becue 30/05/2025		PB (25m pool): 00:27.68 SB: no time
	5 0 M	
PB	00:28.13	
	00:28.13	
		

Coach feedback:

Event number: 1: 50M FREESTYLE MEN 11+		Heat:14, starttime: 18:15
Heat: 14/16	Lane : 8	Athlete: HAUBEN SANDER
PB (50m pool): 00:25.78 Zwembad Brigitte Becue 30/05/2025		PB (25m pool): 00:25.18 SB: 00:25.97 Antwerpen 22/03/2026
	5 0 M	
PB	00:25.78	
	00:25.78	
		

Coach feedback:

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Event number: 1: 50M FREESTYLE MEN 11+					Heat:15, starttime: 18:15	
Heat: 15/16 Lane : 7 Athlete: VAN DEN HOORN JELLE					Q-time: 00:25:31	
PB (50m pool): 00:25.31 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 00:23.91 SB: 00:25.49 Genk 01/02/2026						
	5 0 M					
PB	00:25.31					
	00:25.31					
						

Coach feedback:

Event number: 1: 50M FREESTYLE MEN 11+						Heat:16, starttime: 18:15	
Heat: 16/16 Lane : 6 Athlete: VANGROOTLOON JEF					Q-time: 00:24:57		
PB (50m pool): 00:24.19 Antwerpen 08/03/2026						PB (25m pool): 00:24.30 SB: 00:24.19 Antwerpen 08/03/2026	
	5 0 M						
PB	00:24.19						
	00:24.19						
							

Coach feedback:

Event number: 2: 50M FREESTYLE WOMEN 11+				Heat:3, starttime: 18:20	
Heat: 3/15 Lane : 4 Athlete: BEVERNAGE TRIX				Q-time: 00:36:86	
PB (50m pool): 00:36.86 SportinGenk Park 21/04/2025 PB (25m pool): 00:32.73 SB: no time					
	5 0 M				
PB	00:36.86				
	00:36.86				
					

Coach feedback:

Event number: 2: 50M FREESTYLE WOMEN 11+					Heat:3, starttime: 18:20	
Heat: 3/15 Lane : 7 Athlete: POELMANS JULIE					Q-time: 00:38:25	
PB (50m pool): no time					PB (25m pool): 00:38.25 SB: no time	
	5 0 M					
PB	no time					
	no time					
						

Coach feedback:

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Event number: 2: 50M FREESTYLE WOMEN 11+						Heat:4, starttime: 18:20	
Heat: 4/15 Lane : 6 Athlete: LENAERTS JULIA						Q-time: 00:36:09	
PB (50m pool): 00:36.09 Seraing 25/01/2026						PB (25m pool): 00:38.10 SB: 00:36.09 Seraing 25/01/2026	
	5 0 M						
PB	00:36.09						
	00:36.09						
							

Coach feedback:

Event number: 2: 50M FREESTYLE WOMEN 11+					Heat:4, starttime: 18:20	
Heat: 4/15 Lane : 8 Athlete: PUT TYANA					Q-time: 00:36:68	
PB (50m pool): 00:51.60 Mol 25/06/2023					PB (25m pool): 00:36.68 SB: no time	
	5 0 M					
PB	00:51.60					
	00:51.60					
						

Coach feedback:

Event number: 2: 50M FREESTYLE WOMEN 11+						Heat:5, starttime: 18:20	
Heat: 5/15 Lane : 2 Athlete: DESAIR ANNA-LOUISE						Q-time: 00:35:55	
PB (50m pool): 00:35.55 Genk 01/02/2026						PB (25m pool): 00:34.70 SB: 00:35.55 Genk 01/02/2026	
	5 0 M						
PB	00:35.55						
	00:35.55						
							

Coach feedback:

Event number: 2: 50M FREESTYLE WOMEN 11+							Heat:6, starttime: 18:25		
Heat: 6/15 Lane : 0 Athlete: VANDER MEER NOOR							Q-time: 00:34:57		
PB (50m pool): 00:32.30 Antwerpen 15/03/2026							PB (25m pool): 00:33.91 SB: 00:32.30 Antwerpen 15/03/2026		
	5 0 M								
PB	00:32.30								
	00:32.30								
									

Coach feedback:

SPEEDOMEETING 2026: Session: 1: COACH evaluation sheet for TEAM: HZS

Event number: 2: 50M FREESTYLE WOMEN 11+				Heat:7, starttime: 18:25			
Heat: 7/15 Lane : 0 Athlete: GERETS ANNELIEN				Q-time: 00:33:59			
PB (50m pool): 00:31.64 Antwerpen 15/03/2026				PB (25m pool): 00:31.83 SB: 00:31.64 Antwerpen 15/03/2026			
	5 0 M						
PB	00:31.64						
	00:31.64						
							

Coach feedback:

Event number: 2: 50M FREESTYLE WOMEN 11+				Heat:7, starttime: 18:25			
Heat: 7/15 Lane : 4 Athlete: THEWISSEN MIRTHE				Q-time: 00:32:59			
PB (50m pool): 00:32.53 Antwerpen 15/03/2026				PB (25m pool): 00:31.40 SB: 00:32.53 Antwerpen 15/03/2026			
	5 0 M						
PB	00:32.53						
	00:32.53						
							

Coach feedback:

Event number: 2: 50M FREESTYLE WOMEN 11+				Heat:8, starttime: 18:25			
Heat: 8/15 Lane : 0 Athlete: CLAESSENS ISA-BEAU				Q-time: 00:32:54			
PB (50m pool): 00:32.24 Olympic Pool Wezenberg, Antwer 29/03/2026				PB (25m pool): 00:32.16 SB: 00:32.24 Olympic Pool Wezenberg, Antwer 29/03/2026			
	5 0 M						
PB	00:32.24						
	00:32.24						
							

Coach feedback:

Event number: 2: 50M FREESTYLE WOMEN 11+				Heat:8, starttime: 18:25			
Heat: 8/15 Lane : 1 Athlete: MÜLLER RENA				Q-time: 00:32:45			
PB (50m pool): 00:32.45 Seraing 25/01/2026				PB (25m pool): 00:31.88 SB: 00:32.45 Seraing 25/01/2026			
	5 0 M						
PB	00:32.45						
	00:32.45						
							

Coach feedback:

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Event number: 2: 50M FREESTYLE WOMEN 11+				Heat:8, starttime: 18:25			
Heat: 8/15 Lane : 8 Athlete: VANIERSCHOT LINA				Q-time: 00:32:50			
PB (50m pool): 00:33.14 Olympic Pool Wezenberg, Antwer 29/03/2026				PB (25m pool): 00:32.50 SB: 00:33.14 Olympic Pool Wezenberg, Antwer 29/03/2026			
	5 0 M						
PB	00:33.14						
	00:33.14						
							

Coach feedback:

Event number: 2: 50M FREESTYLE WOMEN 11+				Heat:10, starttime: 18:25			
Heat: 10/15 Lane : 7 Athlete: BEUNCKENS TESS				Q-time: 00:30:90			
PB (50m pool): 00:30.46 Antwerpen 15/03/2026				PB (25m pool): 00:30.10 SB: 00:30.46 Antwerpen 15/03/2026			
	5 0 M						
PB	00:30.46						
	00:30.46						
							

Coach feedback:

Event number: 2: 50M FREESTYLE WOMEN 11+				Heat:10, starttime: 18:25			
Heat: 10/15 Lane : 8 Athlete: VERLEYSEN NOA				Q-time: 00:31:16			
PB (50m pool): 00:30.68 Olympic Pool Wezenberg, Antwer 29/03/2026				PB (25m pool): 00:30.32 SB: 00:30.68 Olympic Pool Wezenberg, Antwer 29/03/2026			
	5 0 M						
PB	00:30.68						
	00:30.68						
							

Coach feedback:

Event number: 2: 50M FREESTYLE WOMEN 11+				Heat:12, starttime: 18:30			
Heat: 12/15 Lane : 0 Athlete: COPERMAN SAM				Q-time: 00:29:95			
PB (50m pool): 00:29.95 Genk 01/02/2026				PB (25m pool): 00:29.42 SB: 00:29.95 Genk 01/02/2026			
	5 0 M						
PB	00:29.95						
	00:29.95						
							

Coach feedback:

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Event number: 2: 50M FREESTYLE WOMEN 11+										Heat:12, starttime: 18:30																				
Heat: 12/15 Lane : 8 Athlete: VANIERSCHOT ELLA																				Q-time: 00:29:87										
PB (50m pool): 00:29.26 Antwerpen 15/03/2026										PB (25m pool): 00:29.17 SB: 00:29.26 Antwerpen 15/03/2026																				
	5 0 M																													
PB	00:29.26																													
	00:29.26																													
																														

Coach feedback:

Event number: 2: 50M FREESTYLE WOMEN 11+										Heat:13, starttime: 18:30																																							
Heat: 13/15										Lane : 6										Athlete: SARGESJAN NALA										Q-time: 00:28:31																			
PB (50m pool): 00:28.31										Gent 08/02/2026										PB (25m pool): 00:28.02										SB: 00:28.31										Gent 08/02/2026									
		5 0 M																																															
PB	00:28.31																																																
	00:28.31																																																
																																																	

Coach feedback:

Event number: 2: 50M FREESTYLE WOMEN 11+										Heat:14, starttime: 18:30																				
Heat: 14/15 Lane : 2 Athlete: EVENS NOOR																				Q-time: 00:28:47										
PB (50m pool): 00:28.47 Eindhoven 16/03/2025										PB (25m pool): no time SB: 00:29.57 Gent 08/02/2026																				
	5 0 M																													
PB	00:28.47																													
	00:28.47																													
																														

Coach feedback:

Event number: 2: 50M FREESTYLE WOMEN 11+										Heat:14, starttime: 18:30																																							
Heat: 14/15										Lane : 8										Athlete: CLAESSENS ELLA-LOUISE										Q-time: 00:28:95																			
PB (50m pool): 00:28.95										Genk 01/02/2026										PB (25m pool): 00:28.87										SB: 00:28.95										Genk 01/02/2026									
		5 0 M																																															
PB		00:28.95																																															
		00:28.95																																															
																																																	

Coach feedback:

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Event number: 3: 50M BACKSTROKE MEN 11+						Heat:8, starttime: 18:40	
Heat: 8/11 Lane : 0 Athlete: HAUBEN THOMAS					Q-time: 00:32:35		
PB (50m pool): 00:32.35 Aalst 28/06/2025						PB (25m pool): 00:30.65 SB: 00:33.03 Seraing 25/01/2026	
	5 0 M						
PB	00:32.35						
	00:32.35						
							

Coach feedback:

Event number: 3: 50M BACKSTROKE MEN 11+						Heat:9, starttime: 18:45	
Heat: 9/11 Lane : 2 Athlete: HAUBEN SANDER						Q-time: 00:29:65	
PB (50m pool): 00:29.65 Antwerpen 20/04/2025						PB (25m pool): 00:27.74 SB: no time	
	5 0 M						
PB	00:29.65						
	00:29.65						
							

Coach feedback:

Event number: 3: 50M BACKSTROKE MEN 11+					Heat:11, starttime: 18:45	
Heat: 11/11 Lane : 1 Athlete: VAN DEN HOORN JELLE					Q-time: 00:30:45	
PB (50m pool): 00:30.45 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 00:28.96 SB: no time						
	5 0 M					
PB	00:30.45					
	00:30.45					
						

Coach feedback:

Event number: 4: 50M BACKSTROKE WOMEN 11+					Heat:2, starttime: 18:50	
Heat: 2/10 Lane : 1 Athlete: LENAERTS JULIA					Q-time: 00:47:02	
PB (50m pool): 00:47.02 Seraing 25/01/2026					PB (25m pool): 00:47.36 SB: 00:47.02 Seraing 25/01/2026	
	5 0 M					
PB	00:47.02					
	00:47.02					
						

Coach feedback:

SPEEDOMEETING 2026: Session: 1: COACH evaluation sheet for TEAM: HZS

Event number: 4: 50M BACKSTROKE WOMEN 11+						Heat:3, starttime: 18:50	
Heat: 3/10 Lane : 1 Athlete: PUT TYANA					Q-time: 00:43:60		
PB (50m pool): 00:43.60 Seraing 25/01/2026						PB (25m pool): 00:49.37 SB: 00:43.60 Seraing 25/01/2026	
	5 0 M						
PB	00:43.60						
	00:43.60						
							

Coach feedback:

Event number: 4: 50M BACKSTROKE WOMEN 11+						Heat:3, starttime: 18:50	
Heat: 3/10 Lane : 7 Athlete: DESAIR ANNA-LOUISE						Q-time: 00:43:24	
PB (50m pool): 00:43.24 Mönchengladbach 23/03/2025						PB (25m pool): 00:41.70 SB: no time	
	5 0 M						
PB	00:43.24						
	00:43.24						
							

Coach feedback:

Event number: 4: 50M BACKSTROKE WOMEN 11+						Heat:3, starttime: 18:50	
Heat: 3/10 Lane : 9 Athlete: CLAESSENS ISA-BEAU						Q-time: 00:44:09	
PB (50m pool): 00:43.28 Düsseldorf 15/12/2024						PB (25m pool): 00:47.60 SB: no time	
	5 0 M						
PB	00:43.28						
	00:43.28						
							

Coach feedback:

Event number: 4: 50M BACKSTROKE WOMEN 11+					Heat:4, starttime: 18:50	
Heat: 4/10 Lane : 4 Athlete: BEVERNAGE TRIX					Q-time: 00:40:11	
PB (50m pool): no time					PB (25m pool): 00:40.11 SB: no time	
	5 0 M					
PB	no time					
	no time					
						

Coach feedback:

SPEEDOMEETING 2026: Session: 1: COACH evaluation sheet for TEAM: HZS

Event number: 4: 50M BACKSTROKE WOMEN 11+										Heat:5, starttime: 18:50									
Heat: 5/10 Lane : 5 Athlete: COPERMAN SAM										Q-time: 00:37:76									
PB (50m pool): 00:38.91 Antwerpen 15/03/2026										PB (25m pool): 00:36.02 SB: 00:38.91 Antwerpen 15/03/2026									
	5 0 M																		
PB	00:38.91																		
	00:38.91																		
																			

Coach feedback:

Event number: 4: 50M BACKSTROKE WOMEN 11+							Heat:5, starttime: 18:50		
Heat: 5/10 Lane : 6 Athlete: VANIERSCHOT NORA							Q-time: 00:38:10		
PB (50m pool): 00:38.10 Aalst 28/06/2025							PB (25m pool): 00:36.19 SB: no time		
	5 0 M								
PB	00:38.10								
	00:38.10								
									

Coach feedback:

Event number: 4: 50M BACKSTROKE WOMEN 11+										Heat:5, starttime: 18:50	
Heat: 5/10 Lane : 7 Athlete: VANDER MEER NOOR									Q-time: 00:38:68		
PB (50m pool): 00:38.32 Antwerpen 15/03/2026										PB (25m pool): 00:38.93 SB: 00:38.32 Antwerpen 15/03/2026	
	5 0 M										
PB	00:38.32										
	00:38.32										
											

Coach feedback:

Event number: 4: 50M BACKSTROKE WOMEN 11+						Heat:6, starttime: 18:55	
Heat: 6/10 Lane : 3 Athlete: THEWISSEN MIRTHE						Q-time: 00:36:24	
PB (50m pool): 00:36.24 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 00:36.55 SB: 00:37.07						Olympic Pool Wezenberg, Antwer 29	
	5 0 M						
PB	00:36.24						
	00:36.24						
							

Coach feedback:

SPEEDOMEETING 2026: Session: 1: COACH evaluation sheet for TEAM: HZS

Event number: 4: 50M BACKSTROKE WOMEN 11+						Heat:6, starttime: 18:55	
Heat: 6/10 Lane : 6 Athlete: CLAESSENS ELLA-LOUISE					Q-time: 00:36:25		
PB (50m pool): 00:37.65 Antwerpen 15/03/2026				PB (25m pool): 00:36.58 SB: 00:37.65 Antwerpen 15/03/2026			
	5 0 M						
PB	00:37.65						
	00:37.65						
							

Coach feedback:

Event number: 4: 50M BACKSTROKE WOMEN 11+						Heat:7, starttime: 18:55	
Heat: 7/10 Lane : 9 Athlete: SARGESJAN NALA						Q-time: 00:36:13	
PB (50m pool): 00:35.82 Olympic Pool Wezenberg, Antwer 29/03/2026						PB (25m pool): 00:34.58 SB: 00:35.82 Olympic Pool Wezenberg, Antwer 29/03/2026	
	5 0 M						
PB	00:35.82						
	00:35.82						
							

Coach feedback:

Event number: 4: 50M BACKSTROKE WOMEN 11+						Heat:8, starttime: 18:55	
Heat: 8/10 Lane : 1 Athlete: BEUNCKENS TESS						Q-time: 00:34:15	
PB (50m pool): 00:37.37 Antwerpen 15/03/2026						PB (25m pool): 00:38.14 SB: 00:37.37 Antwerpen 15/03/2026	
	5 0 M						
PB	00:37.37						
	00:37.37						
							

Coach feedback:

Event number: 4: 50M BACKSTROKE WOMEN 11+						Heat:8, starttime: 18:55	
Heat: 8/10 Lane : 5 Athlete: EVENS NOOR						Q-time: 00:32:35	
PB (50m pool): 00:32.35 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): no time SB: 00:34.44 Seraing 25/01/2026							
	5 0 M						
PB	00:32.35						
	00:32.35						
							

Coach feedback:

SPEEDOMEETING 2026: Session: 1: COACH evaluation sheet for TEAM: HZS

Event number: 4: 50M BACKSTROKE WOMEN 11+						Heat:10, starttime: 18:55	
Heat: 10/10 Lane : 1 Athlete: VANIERSCHOT ELLA					Q-time: 00:34:11		
PB (50m pool): 00:33.37 Antwerpen 15/03/2026				PB (25m pool): 00:32.52 SB: 00:33.37 Antwerpen 15/03/2026			
	5 0 M						
PB	00:33.37						
	00:33.37						
							

Coach feedback:

Event number: 4: 50M BACKSTROKE WOMEN 11+						Heat:10, starttime: 18:55	
Heat: 10/10 Lane : 7 Athlete: VERLEYSSEN NOA					Q-time: 00:34:02		
PB (50m pool): 00:34.02 Mönchengladbach 23/03/2025				PB (25m pool): 00:33.03 SB: 00:34.18 Antwerpen 15/03/2026			
	5 0 M						
PB	00:34.02						
	00:34.02						
							

Coach feedback:

Event number: 5: 50M BUTTERFLY MEN 11+						Heat:7, starttime: 19:20	
Heat: 7/11 Lane : 7 Athlete: VANOPPEN MATHIAS						Q-time: 00:29:68	
PB (50m pool): 00:29.68 Aalst 28/06/2025						PB (25m pool): 00:29.47 SB: 00:29.95 Genk 01/02/2026	
	5 0 M						
PB	00:29.68						
	00:29.68						
							

Coach feedback:

Event number: 5: 50M BUTTERFLY MEN 11+						Heat:8, starttime: 19:20	
Heat: 8/11 Lane : 9 Athlete: HAUBEN THOMAS						Q-time: 00:29:41	
PB (50m pool): 00:29.41 Antwerpen 20/04/2025						PB (25m pool): 00:29.50 SB: 00:29.76 Gent 08/02/2026	
	5 0 M						
PB	00:29.41						
	00:29.41						
							

Coach feedback:

SPEEDOMEETING 2026: Session: 1: COACH evaluation sheet for TEAM: HZS

Event number: 5: 50M BUTTERFLY MEN 11+		Heat:9, starttime: 19:25
Heat: 9/11 Lane : 1 Athlete: VAN DEN HOORN JELLE		Q-time: 00:27:88
PB (50m pool): 00:27.88 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 00:26.78 SB: no time		
	5 0 M	
PB	00:27.88	
	00:27.88	
		

Coach feedback:

Event number: 5: 50M BUTTERFLY MEN 11+		Heat:9, starttime: 19:25
Heat: 9/11 Lane : 6 Athlete: HAUBEN SANDER		Q-time: 00:27:33
PB (50m pool): 00:27.33 Antwerpen 27/07/2025 PB (25m pool): 00:26.17 SB: 00:27.54 Olympic Pool Wezenberg, Antwer 29		
	5 0 M	
PB	00:27.33	
	00:27.33	
		

Coach feedback:

Event number: 6: 50M BUTTERFLY WOMEN 11+		Heat:2, starttime: 19:30
Heat: 2/12 Lane : 7 Athlete: VANIERSCHOT LINA		Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): 00:36.98 SB: no time		
	5 0 M	
PB	no time	
	no time	
		

Coach feedback:

Event number: 6: 50M BUTTERFLY WOMEN 11+		Heat:3, starttime: 19:30
Heat: 3/12 Lane : 7 Athlete: PUT TYANA		Q-time: 00:44:31
PB (50m pool): 00:41.61 Antwerpen 15/03/2026 PB (25m pool): 00:43.58 SB: 00:41.61 Antwerpen 15/03/2026		
	5 0 M	
PB	00:41.61	
	00:41.61	
		

Coach feedback:

SPEEDOMEETING 2026: Session: 1: COACH evaluation sheet for TEAM: HZS

Event number: 6: 50M BUTTERFLY WOMEN 11+										Heat:3, starttime: 19:30	
Heat: 3/12 Lane : 9 Athlete: DESAIR ANNA-LOUISE								Q-time: 00:47:67			
PB (50m pool): 00:41.19 Antwerpen 15/03/2026										PB (25m pool): 00:44.03 SB: 00:41.19 Antwerpen 15/03/2026	
	5 0 M										
PB	00:41.19										
	00:41.19										
											

Coach feedback:

Event number: 6: 50M BUTTERFLY WOMEN 11+										Heat:4, starttime: 19:30									
Heat: 4/12 Lane : 8 Athlete: VANDER MEER NOOR										Q-time: 00:41:50									
PB (50m pool): 00:39.14 Antwerpen 15/03/2026										PB (25m pool): 00:40.64 SB: 00:39.14 Antwerpen 15/03/2026									
	5 0 M																		
PB	00:39.14																		
	00:39.14																		
																			

Coach feedback:

Event number: 6: 50M BUTTERFLY WOMEN 11+							Heat:5, starttime: 19:30		
Heat: 5/12 Lane : 3 Athlete: BEVERNAGE TRIX							Q-time: 00:37:45		
PB (50m pool): 00:37.45 Genk 01/02/2026							PB (25m pool): 00:41.41 SB: 00:37.45 Genk 01/02/2026		
	5 0 M								
PB	00:37.45								
	00:37.45								
									

Coach feedback:

Event number: 6: 50M BUTTERFLY WOMEN 11+						Heat:5, starttime: 19:30	
Heat: 5/12 Lane : 8 Athlete: MÜLLER RENA						Q-time: 00:38:68	
PB (50m pool): 00:38.68 SportinGenk Park 21/04/2025						PB (25m pool): 00:36.52 SB: no time	
	5 0 M						
PB	00:38.68						
	00:38.68						
							

Coach feedback:

SPEEDOMEETING 2026: Session: 1: COACH evaluation sheet for TEAM: HZS

Event number: 6: 50M BUTTERFLY WOMEN 11+						Heat:6, starttime: 19:35	
Heat: 6/12 Lane : 1 Athlete: GERETS ANNELIEN					Q-time: 00:36:62		
PB (50m pool): 00:35.01 Antwerpen 15/03/2026						PB (25m pool): 00:35.73 SB: 00:35.01 Antwerpen 15/03/2026	
	5 0 M						
PB	00:35.01						
	00:35.01						
							

Coach feedback:

Event number: 6: 50M BUTTERFLY WOMEN 11+						Heat:6, starttime: 19:35	
Heat: 6/12 Lane : 3 Athlete: CLAESSENS ISA-BEAU					Q-time: 00:35:92		
PB (50m pool): 00:35.92 Genk 01/02/2026						PB (25m pool): 00:38.10 SB: 00:35.92 Genk 01/02/2026	
	5 0 M						
PB	00:35.92						
	00:35.92						
							

Coach feedback:

Event number: 6: 50M BUTTERFLY WOMEN 11+						Heat:7, starttime: 19:35	
Heat: 7/12 Lane : 2 Athlete: THEWISSEN MIRTHE						Q-time: 00:34:87	
PB (50m pool): 00:34.87 Antwerpen 20/04/2025						PB (25m pool): 00:34.49 SB: 00:35.24 Antwerpen 15/03/2026	
	5 0 M						
PB	00:34.87						
	00:34.87						
							

Coach feedback:

Event number: 6: 50M BUTTERFLY WOMEN 11+							Heat:7, starttime: 19:35		
Heat: 7/12 Lane : 7 Athlete: BEUNCKENS TESS							Q-time: 00:34:99		
PB (50m pool): 00:34.81 Antwerpen 15/03/2026							PB (25m pool): 00:34.32 SB: 00:34.81 Antwerpen 15/03/2026		
	5 0 M								
PB	00:34.81								
	00:34.81								
									

Coach feedback:

SPEEDOMEETING 2026: Session: 1: COACH evaluation sheet for TEAM: HZS

Event number: 6: 50M BUTTERFLY WOMEN 11+				Heat:9, starttime: 19:35	
Heat: 9/12 Lane : 0 Athlete: CLAESSENS ELLA-LOUISE				Q-time: 00:32:75	
PB (50m pool): 00:32.10 Antwerpen 15/03/2026				PB (25m pool): 00:32.35 SB: 00:32.10 Antwerpen 15/03/2026	
	5 0 M				
PB	00:32.10				
	00:32.10				
					

Coach feedback:

Event number: 6: 50M BUTTERFLY WOMEN 11+				Heat:9, starttime: 19:35	
Heat: 9/12 Lane : 4 Athlete: LUTS EMILIA				Q-time: 00:32:21	
PB (50m pool): 00:32.21 Zwembad Brigitte Becue 30/05/2025				PB (25m pool): 00:31.78 SB: 00:32.84 Antwerpen 08/03/2026	
	5 0 M				
PB	00:32.21				
	00:32.21				
					

Coach feedback:

Event number: 6: 50M BUTTERFLY WOMEN 11+				Heat:9, starttime: 19:35	
Heat: 9/12 Lane : 5 Athlete: COPERMANS SAM				Q-time: 00:32:28	
PB (50m pool): 00:32.28 Zwembad Brigitte Becue 30/05/2025				PB (25m pool): 00:32.73 SB: 00:32.39 Antwerpen 15/03/2026	
	5 0 M				
PB	00:32.28				
	00:32.28				
					

Coach feedback:

Event number: 6: 50M BUTTERFLY WOMEN 11+				Heat:9, starttime: 19:35	
Heat: 9/12 Lane : 9 Athlete: VANIERSCHOT ELLA				Q-time: 00:32:85	
PB (50m pool): 00:31.72 Antwerpen 15/03/2026				PB (25m pool): 00:31.77 SB: 00:31.72 Antwerpen 15/03/2026	
	5 0 M				
PB	00:31.72				
	00:31.72				
					

Coach feedback:

SPEEDOMEETING 2026: Session: 1: COACH evaluation sheet for TEAM: HZS

Event number: 6: 50M BUTTERFLY WOMEN 11+					Heat:12, starttime: 19:40	
Heat: 12/12 Lane : 6 Athlete: EVENS NOOR					Q-time: 00:30:04	
PB (50m pool): 00:30.26 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 00:29.79SB: 00:31.49 Gent 08/02/2026						
	5 0 M					
PB	00:30.26					
	00:30.26					
						

Coach feedback:

Event number: 6: 50M BUTTERFLY WOMEN 11+					Heat:12, starttime: 19:40				
Heat: 12/12 Lane : 7 Athlete: SARGESJAN NALA					Q-time: 00:31:13				
PB (50m pool): 00:31.03 Antwerpen 08/03/2026					PB (25m pool): 00:30.33 SB: 00:31.03 Antwerpen 08/03/2026				
	5 0 M								
PB	00:31.03								
	00:31.03								
									

Coach feedback:

Event number: 7: 50M BREASTSTROKE MEN 11+					Heat:6, starttime: 19:45	
Heat: 6/9 Lane : 0 Athlete: HAUBEN THOMAS					Q-time: 00:37:18	
PB (50m pool): 00:37.18 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 00:35.19SB: no time						
	5 0 M					
PB	00:37.18					
	00:37.18					
						

Coach feedback:

Event number: 7: 50M BREASTSTROKE MEN 11+					Heat:7, starttime: 19:50	
Heat: 7/9 Lane : 2 Athlete: VANGROOTLOON JEF					Q-time: 00:33:35	
PB (50m pool): 00:33.35 Wezenberg 05/01/2025 PB (25m pool): 00:33.13SB: no time						
	5 0 M					
PB	00:33.35					
	00:33.35					
						

Coach feedback:

SPEEDOMEETING 2026: Session: 1: COACH evaluation sheet for TEAM: HZS

Event number: 7: 50M BREASTSTROKE MEN 11+				Heat:7, starttime: 19:50	
Heat: 7/9 Lane : 6 Athlete: VANOPPEN MATHIAS				Q-time: 00:33:04	
PB (50m pool): 00:32.84 Olympic Pool Wezenberg, Antwer 29/03/2026 PB (25m pool): 00:32.94 SB: 00:32.84 Olympic Pool Wezenberg, Antwer 29/03/2026					
	5 0 M				
PB	00:32.84				
	00:32.84				
					

Coach feedback:

Event number: 7: 50M BREASTSTROKE MEN 11+					Heat:8, starttime: 19:50	
Heat: 8/9 Lane : 3 Athlete: VAN DEN HOORN JELLE					Q-time: 00:32:66	
PB (50m pool): 00:32.23 Zwembad Brigitte Becue Oostend 19/05/2026PB (25m pool): 00:31.01 SB: no time						
	5 0 M					
PB	00:32.23					
	00:32.23					
						

Coach feedback:

Event number: 8: 50M BREASTSTROKE WOMEN 11+					Heat:2, starttime: 19:55	
Heat: 2/10 Lane : 0 Athlete: POELMANS JULIE					Q-time: 99:99:99	
PB (50m pool): no time					PB (25m pool): no time SB: no time	
	5 0 M					
PB	no time					
	<i>no time</i>					
						

Coach feedback:

Event number: 8: 50M BREASTSTROKE WOMEN 11+					Heat:2, starttime: 19:55	
Heat: 2/10 Lane : 9 Athlete: LENAERTS JULIA					Q-time: 99:99:99	
PB (50m pool): no time					PB (25m pool): no time SB: no time	
	5 0 M					
PB	no time					
	<i>no time</i>					
						

Coach feedback:

SPEEDOMEETING 2026: Session: 1: COACH evaluation sheet for TEAM: HZS

Event number: 8: 50M BREASTSTROKE WOMEN 11+		Heat:3, starttime: 19:55
Heat: 3/10 Lane : 1 Athlete: DESAIR ANNA-LOUISE		Q-time: 00:51:76
PB (50m pool): no time		PB (25m pool): 00:51.76 SB: no time
	5 0 M	
PB	no time	
	no time	
		

Coach feedback:

Event number: 8: 50M BREASTSTROKE WOMEN 11+		Heat:4, starttime: 19:55
Heat: 4/10 Lane : 1 Athlete: VANDER MEER NOOR		Q-time: 00:49:08
PB (50m pool): 00:44.76 Antwerpen 15/03/2026		PB (25m pool): 00:45.99 SB: 00:44.76 Antwerpen 15/03/2026
	5 0 M	
PB	00:44.76	
	00:44.76	
		

Coach feedback:

Event number: 8: 50M BREASTSTROKE WOMEN 11+		Heat:4, starttime: 19:55
Heat: 4/10 Lane : 6 Athlete: BEVERNAGE TRIX		Q-time: 00:48:20
PB (50m pool): no time		PB (25m pool): 00:48.20 SB: no time
	5 0 M	
PB	no time	
	no time	
		

Coach feedback:

Event number: 8: 50M BREASTSTROKE WOMEN 11+		Heat:5, starttime: 20:00
Heat: 5/10 Lane : 0 Athlete: PUT TYANA		Q-time: 00:47:63
PB (50m pool): 00:47.63 SportinGenk Park 21/04/2025		PB (25m pool): 00:44.76 SB: no time
	5 0 M	
PB	00:47.63	
	00:47.63	
		

Coach feedback:

SPEEDOMEETING 2026: Session: 1: COACH evaluation sheet for TEAM: HZS

Event number: 8: 50M BREASTSTROKE WOMEN 11+										Heat:5, starttime: 20:00	
Heat: 5/10 Lane : 5 Athlete: VERLEYSSEN NOA									Q-time: 00:44:37		
PB (50m pool): 00:41.81 Antwerpen 15/03/2026										PB (25m pool): 00:41.21 SB: 00:41.81 Antwerpen 15/03/2026	
	5 0 M										
PB	00:41.81										
	00:41.81										
											

Coach feedback:

Event number: 8: 50M BREASTSTROKE WOMEN 11+					Heat:5, starttime: 20:00	
Heat: 5/10 Lane : 6 Athlete: CLAESSENS ISA-BEAU					Q-time: 00:45:10	
PB (50m pool): 00:45.10 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 00:41.90 SB: no time						
	5 0 M					
PB	00:45.10					
	00:45.10					
						

Coach feedback:

Event number: 8: 50M BREASTSTROKE WOMEN 11+						Heat:6, starttime: 20:00	
Heat: 6/10 Lane : 7 Athlete: VANIERSCHOT ELLA						Q-time: 00:43:07	
PB (50m pool): 00:41.89 Antwerpen 15/03/2026						PB (25m pool): 00:40.34 SB: 00:41.89 Antwerpen 15/03/2026	
	5 0 M						
PB	00:41.89						
	00:41.89						
							

Coach feedback:

Event number: 8: 50M BREASTSTROKE WOMEN 11+						Heat:6, starttime: 20:00	
Heat: 6/10 Lane : 8 Athlete: VANIERSCHOT NORA						Q-time: 00:43:79	
PB (50m pool): 00:43.79 Antwerpen 20/04/2025						PB (25m pool): 00:42.46 SB: no time	
	5 0 M						
PB	00:43.79						
	00:43.79						
							

Coach feedback:

SPEEDOMEETING 2026: Session: 1: COACH evaluation sheet for TEAM: HZS

Event number: 8: 50M BREASTSTROKE WOMEN 11+							Heat:7, starttime: 20:00		
Heat: 7/10 Lane : 3 Athlete: CLAESSENS ELLA-LOUISE							Q-time: 00:40:59		
PB (50m pool): 00:40.07 Antwerpen 15/03/2026							PB (25m pool): 00:39.57 SB: 00:40.07 Antwerpen 15/03/2026		
	5 0 M								
PB	00:40.07								
	00:40.07								
									

Coach feedback:

Event number: 8: 50M BREASTSTROKE WOMEN 11+						Heat:7, starttime: 20:00	
Heat: 7/10 Lane : 4 Athlete: THEWISSEN MIRTHE						Q-time: 00:40:32	
PB (50m pool): 00:39.98 Antwerpen 15/03/2026						PB (25m pool): 00:40.32 SB: 00:39.98 Antwerpen 15/03/2026	
	5 0 M						
PB	00:39.98						
	00:39.98						
							

Coach feedback:

Event number: 8: 50M BREASTSTROKE WOMEN 11+						Heat:7, starttime: 20:00	
Heat: 7/10 Lane : 6 Athlete: CPERMANS SAM						Q-time: 00:40:78	
PB (50m pool): 00:42.84 Antwerpen 15/03/2026						PB (25m pool): 00:40.78 SB: 00:42.84 Antwerpen 15/03/2026	
	5 0 M						
PB	00:42.84						
	00:42.84						
							

Coach feedback:

Event number: 8: 50M BREASTSTROKE WOMEN 11+						Heat:7, starttime: 20:00	
Heat: 7/10 Lane : 9 Athlete: BEUNCKENS TESS						Q-time: 00:42:38	
PB (50m pool): 00:41.65 Antwerpen 15/03/2026						PB (25m pool): 00:40.22 SB: 00:41.65 Antwerpen 15/03/2026	
	5 0 M						
PB	00:41.65						
	00:41.65						
							

Coach feedback:

SPEEDOMEETING 2026: Session: 1: COACH evaluation sheet for TEAM: HZS

Event number: 8: 50M BREASTSTROKE WOMEN 11+						Heat:8, starttime: 20:00	
Heat: 8/10 Lane : 1 Athlete: MÜLLER RENA						Q-time: 00:38:51	
PB (50m pool): 00:38.51 Genk 01/02/2026						PB (25m pool): 00:37.95 SB: 00:38.51 Genk 01/02/2026	
	5 0 M						
PB	00:38.51						
	00:38.51						
							

Coach feedback:

Event number: 8: 50M BREASTSTROKE WOMEN 11+						Heat:8, starttime: 20:00	
Heat: 8/10 Lane : 4 Athlete: EVENS NOOR						Q-time: 00:34:83	
PB (50m pool): 00:34.83 Antwerp 09/02/2025						PB (25m pool): 00:33.76 SB: 00:35.69 Antwerpen 22/03/2026	
	5 0 M						
PB	00:34.83						
	00:34.83						
							

Coach feedback:

Event number: 8: 50M BREASTSTROKE WOMEN 11+						Heat:10, starttime: 20:05	
Heat: 10/10 Lane : 7 Athlete: LUTS EMILIA						Q-time: 00:37:93	
PB (50m pool): 00:39.98 Antwerpen 08/03/2026						PB (25m pool): 00:37.60 SB: 00:39.98 Antwerpen 08/03/2026	
	5 0 M						
PB	00:39.98						
	00:39.98						
							

Coach feedback:

Event number: 8: 50M BREASTSTROKE WOMEN 11+					Heat:10, starttime: 20:05				
Heat: 10/10 Lane : 8 Athlete: SARGESJAN NALA					Q-time: 00:38:52				
PB (50m pool): 00:38.36 Antwerpen 08/03/2026					PB (25m pool): 00:36.75 SB: 00:38.36 Antwerpen 08/03/2026				
	5 0 M								
PB	00:38.36								
	00:38.36								
									

Coach feedback: